

Activity #3: Print this out for the older student group leaders.

Group Discussion for Romans 5:1-11

6th-10th Grade: "Real-Life Decision Breakdown"

Purpose:

Connects theology to emotional and real-life struggles, encourages deeper conversations about suffering and hope & helps students understand justification practically

What You Need:

- Whiteboard or paper
- Markers
- Scenario sheet (or read aloud)

Activity Steps:

1. Break into small groups (3-4 students)

Each group answers:

Part A – What Changed Because of Jesus?

Discuss:

- What does it mean to have peace with God?
- Why do people need peace with God in the first place?
- Can people fix their broken relationship with God on their own?

Romans 5:1 "Having been justified by faith, we have peace with God through our Lord Jesus Christ."

Have students discuss:

- Sin separates people from God
- Jesus restores peace
- Justification
- Faith in Christ

Part B – The Promise Comes Through Faith

Have them discuss before Christ vs after salvation:

Romans 5:1-2

Discuss:

- What justification means
- Why salvation changes everything
- The confidence believers have in Christ

Before Christ	After Trusting Christ
Separated from God	Peace with God
Guilty because of sin	Forgiven through Jesus
Fear of judgment	Hope in salvation
Spiritually dead	Given new life

Part C – Hope During Suffering

Ask: “Why can Christians still have hope during hard times?”

Have students look up tie-in scriptures and connect:

- Romans 5:3-5 “We also rejoice in our sufferings...”
- James 1:2-4 “The testing of your faith produces endurance...”
- 2 Corinthians 4:17 “This light momentary affliction is preparing for us an eternal weight of glory...”

Discuss:

- God uses suffering to grow believers
- Trials build endurance and character
- Christian hope is rooted in God’s promises

Group Discussion Questions:

- Why do people search for peace in things other than God?
- How is God’s peace different from temporary happiness?
- Why can suffering strengthen faith?
- How should Christians respond during difficult seasons?

2. Personal or Out loud Reflection (Silent – 5 minutes)

Ask students to write or answer out loud: “Where do I usually look for peace or comfort besides God?”

OR

How can I trust God more during difficult situations?

Prayer & Reflection: Ask God to reveal where you are truly seeking comfort in your life. Are you looking for peace in another person or relationship, through personal distractions, or by numbing yourself with things like social media and entertainment? Pray that God would redirect your heart away from temporary, worldly comfort and teach you to find lasting comfort and rest in Him alone.

(No sharing required if done silently- keep it personal)

Key for Lesson: Because of Jesus, believers have peace with God and hope even during suffering.