

Activity #3: Print this out for the older student group leaders.

Group Discussion for Romans 7:1-13

6th-10th Grade: "Real-Life Decision Breakdown"

Purpose:

Introduces deeper concepts of covenant and grace & helps students understand the purpose of the Law

What You Need:

- Whiteboard or paper
- Markers
- Scenario sheet (or read aloud)

Activity Steps:

1. Break into small groups (3-4 students)

Each group answers:

Part A – A New Relationship

Discuss:

- Why did Paul compare our relationship to the Law with a marriage?
- What happens when a covenant ends because of death?
- What does it mean that believers have "died to the Law"?

Romans 7:1-4

Have students discuss:

- Covenants
- Freedom
- Salvation
- Belonging to Christ

Part B – Dead to the Law, Alive to Christ

Have them discuss living under rules vs living for Christ:

Romans 7:4-6

Discuss:

- Why the Law could not save
- What changed through Jesus
- What it means to serve in the Spirit

Living Under the Law	Living in Christ
Focus on rules	Focus on relationship
Condemnation	Grace
Trying to earn righteousness	Receiving righteousness
Fruit leading to death	Fruit leading to life

Part C – Why Did God Give the Law?

Ask: "If the Law could not save people, why did God give it?"

Have students look up tie-in scriptures and connect:

- Galatians 3:24 "The Law has become our tutor to lead us to Christ."
- Romans 3:20 "Through the Law comes knowledge of sin."
- John 15:5 "Apart from Me you can do nothing."

Discuss:

- The Law reveals sin
- The Law shows God's holiness
- The Law points people to their need for a Savior

Group Discussion Questions:

- Is following rules enough to make someone right with God?
- What is the difference between religion and a relationship with Jesus?
- Why do people often try to earn God's approval?
- What does it look like to serve God from the heart rather than obligation?

2. Personal or Out loud Reflection (Silent – 5 minutes)

Ask students to write or answer out loud: "Do I ever try to earn God's love instead of resting in His grace?"

OR

What would change if I focused more on my relationship with Christ than on performance?

Prayer & Reflection: Ask God to deepen your relationship with Him today and in the weeks ahead. Pray that He would reveal any areas where your faith has become more about performance or religious routine than a genuine, intimate walk with Him. Ask Him to draw you closer, increase your love for Him, and help you know Him more through His Word and prayer.

(No sharing required if done silently- keep it personal)

Key for Lesson: Christians are not saved by keeping rules. Through Jesus, we have been released from the Law and are now called to live in a relationship with Him and serve in the power of the Spirit.