

Extra handout for families:

Family Activity: Seeing Jesus in Jewish Traditions

Take a few days to discuss and work through activities.

Big Idea: God planned from the beginning for His promises and traditions to point to Jesus.

Day 1 – The Sabbath: Rest in Jesus

Learn:

The Sabbath shows us that God wants His people to rest and trust Him.

Talk About:

God gave the Sabbath as a day of rest.

Jesus gives us rest for our hearts, not just our bodies.

Scripture:

- Exodus 20:8-11
- Matthew 11:28
- Hebrews 4:9-10

Activity:

Have a quiet family time. Talk about what it means to “rest in Jesus” instead of trying to earn God’s love.

Day 2 – Passover: Jesus the Lamb

Learn:

Passover points to Jesus as the Lamb who saves us from sin.

Talk About:

The blood on the doorposts in Egypt

Jesus’ blood saves us from sin

Scripture:

- Exodus 12:13
- John 1:29
- 1 Corinthians 5:7

Activity:

Draw a door and a lamb. Write “Jesus saves” on it.

Day 3 – Feast of Unleavened Bread: A Clean Heart

(Leaven is an ingredient that raises the bread. When you remove this ingredient, it is flat bread.)

Learn:

Removing leaven shows us God wants us to turn from sin.

Talk About:

Leaven is a picture of sin

Jesus helps clean our hearts

Scripture:

- Exodus 12:15
- 1 Corinthians 5:8
- Psalm 51:10

Activity:

Clean one small area together and talk about how Jesus cleans our hearts.

Day 4 – Firstfruits: Jesus Is Alive

Learn:

Firstfruits points to Jesus rising from the dead.

Talk About:

Firstfruits = first and best

Jesus is the first to rise to eternal life

Scripture:

- Leviticus 23:10-11
- 1 Corinthians 15:20

Activity:

Plant a seed or draw a plant growing to show new life.

Day 5 – Pentecost: God Gives the Holy Spirit

Learn:

Pentecost shows God giving His Spirit to help believers.

Talk About:

God helps us live for Him

The Holy Spirit lives in believers

Scripture:

- Acts 2:1-4
- John 14:26

Activity:

Pray and thank God for helping us obey Him.